

SIMILARITIES AND DIFFERENCES IN TRADITIONS OF UZBEK AND ENGLISH NATIONS

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Annotatsiya: Ushbu maqolada O‘zbekiston va Angliya xalqlarining an‘analari, urf-odatlar hamda madaniy qadriyatlari solishtirilib tahlil qilingan. Har ikki millatning bayramlari, oila qadriyatlari, kiyinish madaniyati va mehmondo‘stlik an‘analari o‘rtasidagi o‘xshashliklar va farqlar misollar orqali yoritilgan. Tadqiqot natijasida aniqlanishicha, har ikki xalq o‘z qadriyatlariga sodiq, ammo ularning ijtimoiy hayotida din, tarix va iqlim ta’siri bilan farqlar kuzatiladi.

Kalit so‘zlar: *O‘zbek an‘analari, ingliz madaniyati, urf-odatlar, o‘xshashliklar, farqlar, qadriyatlar, milliy shaxsiyat.*

Abstract: This article compares and analyzes the traditions, customs, and cultural values of Uzbek and English nations. It explores similarities and differences in their celebrations, family values, clothing culture, and hospitality traditions. The study reveals that both nations are deeply attached to their values, yet differences arise due to religion, history, and climate influences.

Keywords: *Uzbek traditions, English culture, customs, similarities, differences, values, national identity.*

Аннотация: В данной статье рассматриваются и сравниваются традиции, обычаи и культурные ценности узбекского и английского народов. Анализируются сходства и различия в праздниках, семейных ценностях, одежде и традициях гостеприимства. В результате исследования установлено, что оба народа верны своим традициям, однако различия проявляются под влиянием религии, истории и климата.

Ключевые слова: *узбекские традиции, английская культура, обычаи, сходства, различия, ценности, национальная идентичность.*

Introduction

Each nation has its own traditions and customs. They are formed depending on history, religion, climate, economic life and the worldview of the people. Both Uzbekistan and England are countries with ancient history. Their traditions have been formed over many centuries and have been passed down from generation to generation. This article

analyzes the similarities and differences between the traditions of the Uzbek and English nations. The goal is to show the commonalities and differences between the cultures of the two peoples with simple, understandable examples. For centuries, the Uzbek people have considered hospitality, respect for elders, family unity and religious values to be important. These values are clearly manifested in every holiday, wedding or ceremony. The English people, on the other hand, conduct traditional ceremonies with order, punctuality and courtesy. Their culture also pays great attention to family, upbringing and social morality. In this regard, humanity, respect, and kindness are central to both nations. However, the way these values are expressed, the way they are manifested in ceremonies, and the way they are manifested in the social environment are different. Below, the most important traditions of the Uzbek and English nations, their similarities and differences, are analyzed.

The traditions of the Uzbek people

The traditions of the Uzbek people are very rich. Although each region has its own customs, common values are equally important for the entire nation. The most important value is the family. Uzbeks consider the family sacred. Respect for elderly parents, showing love and patience in raising children are the main parts of national values. The family is not only a social unit in Uzbek life, but also a spiritual support. Receiving the blessings of parents and their approval is considered the most important duty for every child¹.

Hospitality also plays an important role in Uzbeks. Every guest is considered a “guest of Allah”. When a guest comes to the house, the owner of the house sets the table, makes tea, and serves the best dishes. This custom has been preserved for centuries. Hospitality is not only the etiquette of the owner of the house, but also the tolerance, kindness, and open volunteerism of the people. Even a simple conversation over tea, a joyful reception of a guest shows the kindness of the people.

Ceremonies are also an integral part of the life of the people. Birth, circumcision wedding, marriage, wedding, funeral - all of these are held with their own rituals. Weddings are especially big events. The whole family, neighbors, and relatives gather around the bride and groom at the wedding. National dances, songs, *samsa* and plow are prepared at Uzbek weddings. Blessing the young people during the wedding, giving a white blessing, and solemnly bringing the bride to the groom's house are some of the ancient rituals. Each ceremony involves national music, dance, national costumes, and elements of folk art.

¹ Ikromjon o'g'li T. A. (2025). *Uzbek customs, traditions and the history of development*. Nauchny Impuls, 1(12), 48-55.

Holidays are also important in the life of the people. Navruz, Ramadan Hayiti, Kurban Hayiti are the most important holidays. On these days, people congratulate each other, receive guests, and give gifts to children. On Navruz, samsa and sumalak are prepared. Holidays are not only a day of rest, but also a means of showing solidarity and kindness. During Ramadan and Eid al-Adha, it is customary to help the poor, give alms, honor parents, and pray for the souls of the deceased. The Uzbek people also have many traditions related to nature. Such customs as planting trees in spring, welcoming the Navruz with a clean house, and not wasting water express the people's respect for nature. In rural areas, ancient rituals associated with the harvest are still held². Even today, these traditions have not lost their significance, having adapted to modern life. Although people hold weddings in restaurants, the prayers, respect, and spirit of solidarity in them are preserved. The traditions of the Uzbek people are an invaluable heritage that represents the historical memory, spiritual wealth, and national identity of this people.

Traditions of the English people

The traditions of the English people are also very ancient and unique. They have been formed over the centuries under the influence of historical processes, the royal system, religious beliefs and social life. In England, everything is based on order and discipline. This is clearly felt both in their everyday life and in their ceremonies. For the English, punctuality, etiquette and courtesy are important values.

Family life is at the heart of English culture. Most English families are small but independent. Children are taught independence, order and responsibility from a young age. Parents encourage them to think freely and make their own decisions independently. For the English, respect for privacy and non-interference in a person's inner world are important moral principles.

Hospitality is also present among the English, but it differs from that of the Uzbeks. The English welcome guests warmly, but pay special attention to the comfort and respect for their personal space. They usually prefer to have a pre-arranged reception. Tea drinking is one of the most recognizable symbols of English culture. "Afternoon tea" or afternoon tea drinking has become a tradition in English society. At this time, cakes, sandwiches or sweets are served with tea³.

² "The role of traditions, customs and rituals of ..." (2025, March 3). Scientists.uz.

<https://scientists.uz/uploads/202503/B.P.-12.pdf>

³ Lingoda Blog. (2024, October 28). *8 real British traditions*. <https://www.lingoda.com/blog/en/real-british-traditions/>

Holidays are of great importance in the life of the English people. The most famous are Christmas, Easter and New Year. At Christmas, families gather together, gifts are exchanged, and the tree is decorated with special decorations. This holiday is considered a symbol of love, generosity and family warmth. Easter has a religious meaning and is celebrated as the day of the resurrection of Jesus Christ. Children are given chocolate eggs, which are a symbol of life and renewal.

Wedding ceremonies are also unique in English culture. At the wedding, the groom wears a black suit, and the bride wears a white dress. The ceremony is usually held in a church. After the wedding ceremony in the church, a family party is held - a “wedding reception”. It includes family dances, a wedding cake and congratulations.

Another important aspect of the English people is national symbols and celebrations. For example, the “Trooping the Color” ceremony is held annually on the birthday of the king or queen. At this ceremony, the royal troops perform a ceremonial march. Also, the “Changing of the Guard” - the ceremony of changing the guard of the royal guards - is an important part of English culture⁴.

In general, the traditions of the English people are distinguished by simplicity, discipline, gentleness and accuracy. Although their culture differs from that of the Uzbeks, both live on the basis of human values - respect, kindness, family unity and loyalty to traditions.

Similarities and differences: comparison table and analysis

The Uzbek and English peoples have a long history, but because their cultural life, climate and religious beliefs are different, there are similarities and differences in their traditions. Both peoples value family, respect and culture, but these values are manifested in different ways. The table below compares some of the main traditions of these two peoples.

Orientation Uzbek people English people⁵⁶

Direction	Uzbek people	English people
Family values	A large family is at the center. Respect for parents, love in raising children are important.	Small, independent families. Each member is taught to have their own opinion.
Hospitality	Every guest is a “guest of God”. The table is laid and the best dishes are served.	The reception is planned in advance. They are welcomed with simple tea and sweets.

⁴ Erudera. (n.d.). *UK traditions: What you need to know about British culture*. Retrieved from <https://erudera.com/united-kingdom/uk-traditions/>

⁵ Britannica. (n.d.). *Culture of Uzbekistan*. In Britannica Online. Retrieved from <https://www.britannica.com/place/Uzbekistan/Cultural-life>

⁶ The British Council. (2020). *British Traditions and Customs*. London: British Council

Wedding ceremonies	Large-scale. It is celebrated with dancing, singing, pilaf and folk customs.	Simple, but orderly. It is held in a church, the bride wears a white dress.
Holidays	Navruz, Ramadan Eid, Kurban Eid. Rich in religious and national values.	Christmas, Easter, New Year. It is held in a religious and family spirit.
Dressing	National costumes - atlas, adras, duppi. Worn on holidays.	Everyday clothing is modern, but for ceremonies it is in a classic style.
Etiquette and behavior	Respect for elders, politeness, hospitality are a priority.	Polite, but formal. There is a strong emphasis on personal boundaries.
Kitchen culture	National dishes: plow, samsa, lagman. Eating together is an ancient custom.	A culture of breakfast, sandwiches, tea is developed. Meal times are strict.
Values in society	Religious beliefs and community are important.	Personal freedom and the rule of law are important.

The table shows that the Uzbek people rely more on collectivism, family solidarity and religious values. At every ceremony, wedding or holiday, the participation of the community is felt. People are close to each other, neighbors support each other. This is one of the greatest assets in the social life of the people. The British, on the other hand, rely more on personal independence, order and decency. For them, time, order, privacy and compliance with the law are among the most important values. In English culture, there is also kindness, sincerity and respect, but it is expressed more through politeness and distance.

The similarity is that both nations consider the institution of the family, upbringing and decency to be important. Both see the person in the center. Uzbeks express this value through the community, and the British through personal responsibility. When it comes to holidays, while Uzbeks have a combination of religious and national values, the British have a stronger Christian influence. But for both, a holiday is a means of uniting the family, strengthening love and solidarity. The food culture is also different. In Uzbek cuisine, collectivism, dishes prepared for a large number of guests are a priority. In the English, simplicity and comfort are important. But both pay great attention to the culture of tea drinking.

In conclusion, although the traditions of the peoples of Uzbekistan and England may seem different, their fundamental essence lies in humanity, respect, love and solidarity. Both peoples live by passing on their values from generation to generation, adapting

them to modern life. This shows the viability of culture and the loyalty of the people to their roots.

Conclusion

The Uzbek and English peoples differ from each other in their history, climate and religious values. But there are also many similarities between them. For both peoples, family, decency, respect and tolerance are the most important values. The Uzbeks express this value through collectivism, and the English through order and personal freedom. In today's era of globalization, these two cultures are learning from each other. While the British are inspired by the warmth and hospitality of the Uzbeks, the Uzbeks appreciate the order, respect for time, and discipline of the English. Thus, the cultural heritage of both peoples should be valued as a common wealth of humanity.

Foydalanilgan adabiyotlar

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