

IDEALS OF SPIRITUAL-MORAL IMPROVEMENT IN THE TEACHING OF GREAT SCIENTISTS AND THEIR INTERPRETATION IN MODERN PSYCHOLOGY

Uzbekistan national pedagogy university support doctoral student

Ashurova Shahnoza Fakhriddin daughter

Shahnoza1297@gmail.com

Great of scholars spiritual and moral maturity ideas social development , personality integrity , behavior norms , spirituality priority and humanitarianism principles focused on . Modern psychology this ideas own interpretation , person himself to understand development , spiritual to values relied on without social adaptation provision , personal discipline and self control to do mechanisms study through supports .

Manners the issue humanity in history full-fledged accordingly Islam started , let's say exaggeration did not we will be . In Islam someone's in life every one of something own manners There is . In the world to etiquette dedicated of works basis and most Islam people representatives by written works organization will do , said in the conversation particle exaggeration no . In the past East thinkers by previously pushed views and ideas today's on the day also important educational source as youth consciousness and to the heart spiritual feed giving is coming . Far away and rich to history has was Central Asia peoples his/her own to education related rich legacy creating , improving , and empowering young people humanity , science , kindness , hard work , people and to nature friendship , generosity such as universal qualities in the spirit educated Indeed , our ancestors by abandoned priceless cultural inheritance national our spirituality core organization This is because of from it today our youth education and to education wide use to the goal It is appropriate . Because , " From our ancestors remaining inheritance of our nation not only past , as well as future for also power and dedication source is considered " Every one of the people to education related traditions there are , they are pedagogical thinker development basis become service does and child upbringing about imagination and views represents . Above As we said , every one father mother own their children perfect human to be wants , themselves enough did not receive to their hopes of children enough thinks .

Great of scholars spiritual and moral ideas :

- **Perfection and self improvement** : Abu Nasr Al-Farabi , Abu Ali Ibn Sina, etc. scientists in humans to perfection achievement , science and enlightenment through self improvement the idea previously pushed .
- **Moral standards and values** : Al- Khwarizmi , Al-Biruni such as scientists social in life moral of standards importance emphasizing , justice , honesty , integrity such as values upbringing importance showing those who have passed .
- **Humanitarianism** : Amir Temur such as commanders and scientists humanitarianism to their ideas based on the human dignity glorified , the prosperity of the nation for fought .

Modern in psychology interpretations

- **Person o ' z - o ' zi to understand development** : Modern psychology of scholars person o ' z - o ' zi to understand develop ideas own inside takes , this and person's own strong and weak sides acquaintance , goals to determine help gives .

- **Spiritual values and social adaptation** : Modern psychology spiritual of values social in adaptation and personal in good health important role play research will reach .
- **Self-esteem control to do** : Signs emphasized self control to do idea current in psychology self management mechanisms and personal discipline formation through is being studied .
- **Emotional intellect** : Modern psychology spiritual and moral maturity one part as emotional intellect to develop attention This is a human being . own feelings understand and others with in communication right road to hold that means .

Another one great scholar Burkhaniddi Marginoni is Burkhaniddi . Marginoni's moral-legal to education related in their views religion , faith , conscience , duty , humanity specific ideas person every one-sided and harmonious development main tool become service did . This in terms of than in the 21st century lived Islam of the doctrine large representative Burkhaniddi Marginoni's moral-legal to education related in their views freedom , humanity , hard work , faith , honesty , morality purity , justice , brotherhood , knowledge , independence idea characteristics main place occupies . The scholar Marginani his/her own moral and legal views with our people spirituality development , Muslim world culture to the development and social pedagogical idea development weighty contribution added .

Abu Ali son Sinoning psychological philosophical views , sciences classification , definition and composition about thoughts his " Medicine " " Laws " in the work human physiology and psychology based on interpretation Ibn Test intuition external and internal to the senses External intuition human external universe with connects , they are 5 : sight , hearing , taste knowledge , smell and skin intuition . These human known organs - skin , eyes , mouth , nose and ear with integral Depends . Internal sensations are general , for example , analysis expressive , expressive , remembering memory , imagination provider are the senses . Ibn Sina's brain all from the senses going nerves center , in general human nerve system center that about the doctrine forward pushed . Human body and from the soul organization finds , brain human managed standing The soul is the lamp , knowledge is the mother . this from the lamp spreading to the oil , to Allah wisdom – oil It looks like a lamp . from burning unstoppable that is – you you are alive If it goes off - you death You will be . Mind on the scales pull unseen every how knowledge is baseless . Therefore, logic science to learn very important . Poor knowledge owner from being according to , ignorance is better . Ibn Sina scientific psychological philosophical thoughts unique gold treasure become is considered .

Useful literature

1. Farabiy A. Fazil city of the people theory . – Tashkent: Science, 1993
2. Ibn Sina. Ethics science . – Tashkent: New century Generation , 2004.
3. Jalaluddin Rumi . Masnavi spiritual . – Tehran : Science and etiquette , 2002.
4. Bahauddin Naqshband . Source . – Bukhara : Bukhara publishing house , 1998.